



醫院管理局  
HOSPITAL  
AUTHORITY

## Hospital Authority Patient Information Sheet on Deep Throat Saliva Collection



Scan QR code for the demonstration video

**No food or drink, mouthwash and brushing teeth within 2 hours before specimen collection**

**Please collect the deep throat saliva in a well-ventilated place, and keep a distance of at least 2-metre from other people**

### Steps:



1. Prepare the items, including one specimen bottle and two specimen bags and tissue



2. Perform hand hygiene with soap and water / alcohol-based hand rub



3. Check whether the personal details printed on the specimen bottle are correct



4. Open the specimen bottle and specimen bags



5. Make the noise of "Kruuuu" from the throat to clear saliva from deep throat



6. Remove surgical mask and spit saliva (about 4 ml) into the bottle. Avoid saliva contaminate the outer surface of the bottle.  
*(Repeat the previous step if the saliva volume is too little to fill up the bottom of the bottle)*



7. Put on surgical mask



8. Close the lid of specimen bottle tightly to **ensure no leakage of saliva**



9. Clean the bottle surface with tissue



10. Put the bottle into specimen bag, keep the bottle upright and clean hands afterwards. Then put the sealed bag into the second bag and seal up the outer-layer bag.