

Precautions

1. For vaginal use only. Not to be taken orally.
2. Use the medication as directed by your doctor.
3. If you have history of drug allergy, consult your doctor or pharmacist before using the medication.
4. The pessary is recommended to be inserted at bedtime.
5. It is important to complete the whole course as directed. Do not stop the treatment even when menstruation starts.
6. Discard all medications that have expired or are no longer required.
7. Do not share the medication with other people.
8. Tell your doctor and pharmacist if you are pregnant, planning to become pregnant, or breastfeeding.
9. Please consult your doctor if symptoms persist or worsen after using the medication.
10. The pessary will melt at body temperature and may leak from your vagina. Wear sanitary towel to prevent the pessary from staining your clothes.

What are the possible side effects?

If you notice any allergic reactions like skin itchiness, face or hand swelling, breathing difficulty, etc., consult your doctor immediately.

What if I miss a dose?

Use the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose.

Do not double the dose.

How to store?

1. Keep out of reach of children.
2. Store in a cool, dry place and away from direct heat and light.



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Pessaries (Vaginal tablets)



藥劑職系及服務統籌委員會
COC-Grade (Pharmaceutical Services)



醫院管理局
HOSPITAL
AUTHORITY



What are Pessaries?

Pessaries are drug preparations intended to be administered via vagina.

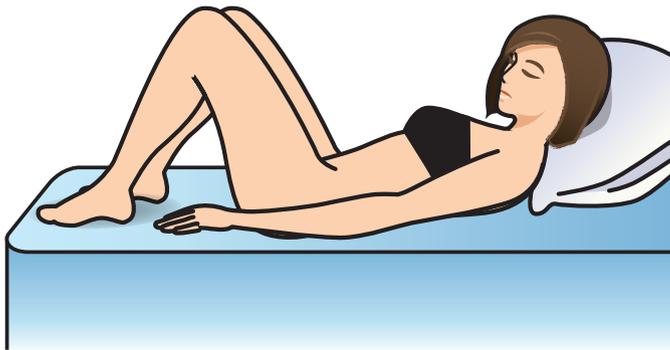


Indication

Pessaries are commonly used for treating vaginal infections.

How to use?

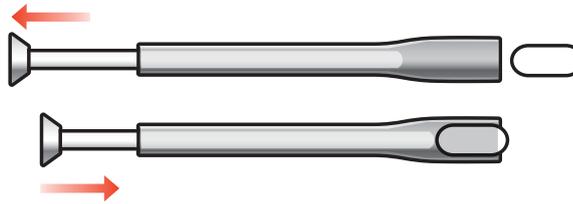
1. Wash your hands thoroughly.
2. Remove the wrapping.
3. Lie on your back with knees slightly bent and spread your legs apart to facilitate insertion of the pessary.



If an applicator is used

(Caution: Do not use an applicator if you are pregnant.)

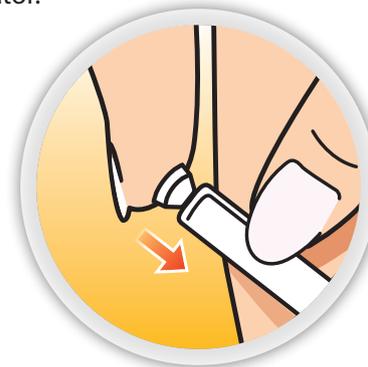
4. Pull the applicator plunger outward and place the pessary into the end of the applicator.



5. Carefully insert the loaded applicator as deeply as comfortable into the vagina.



6. Gently press the plunger to release and place the pessary in the vagina. Then remove the applicator.



7. If two pessaries have to be used at the same time, repeat the above procedures for the second pessary.
8. Remain in lying position to prevent the pessary from falling out.
9. Pull out the plunger from the applicator. Wash the plunger and the applicator with warm soapy water, rinse and dry. Wash your hands afterwards.



If an applicator is not used

4. Use fingers to carefully insert the pessary as deeply as comfortable into the vagina.
5. If two pessaries have to be used at the same time, repeat the above procedures for the second pessary.
6. Remain in lying position to prevent the pessary from falling out.
7. Wash your hands afterwards.