



Service Priorities and Programmes
Electronic Presentations

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Gardening Activity for Infirmary / Longterm Care Patients

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Gardening activity

Rehabilitation, therapeutic & relaxation

Patient, family & staff participation

infirmary care

Introduction

In order to encourage patients dealing with chronic illness to participate in outdoor activity and experience the rehabilitation power of the natural environment and stimulations, a garden with reference to the concepts of horticulture was set up.

Objectives

Patients and their family members will have more outdoor activities. They will go out to the garden regularly for planting activities, appreciation of flowers and smell the soothing scents of a variety of herbs and to experience the therapeutic effects of natural life.

Methodology

#NAME?

Result

-There are more than 50 patient attendance to the garden in the past 1.5 months after the opening of the garden. -Tasting of mint tea on 29/1/2015 -Tasting of vegetable from the garden, music activity and Chinese New Year flower appreciation were held i