



Service Priorities and Programmes Electronic Presentations

Convention ID: 717

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HOPE- How it works in acute psychiatric ward?

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Keywords:

Recovery Oriented Practice

Hope

Schizophrenia

Acute Psychiatric Ward

Herth Hope Index

Introduction

Recovery oriented practice is a new concept in Hong Kong health care professional in recent years, while that were well-established practice in western countries. It is essential to incorporate the elements of recovery into our clinical practice and standardize the delivery process of recovery oriented practice. In this study, the recovery approach was performed on a client with schizophrenia based on recovery elements of 'Hope', 'Strength' and 'Empowerment' in acute psychiatric ward from 14/8/2015 to 4/9/2015 (3 weeks). A program 'Peer Supporter' was designed under client's strengths through empowerment in the purpose of inducing client's recovery hope.

Objectives

1. To examine the effect of the above recovery approach to client with schizophrenia
2. To evaluate the effectiveness of 'Peer Supporter Program' on inducing client's recovery hope
3. To collect feedback from the client with schizophrenia on recovery approach and the 'Peer Supporter Program'

Methodology

A client with schizophrenia was selected in this case study. History review, timeline skill and semi-structured interview were proceed for assessing and identified the client's strengths and protective factors, and thus the strategies to induce the client's recovery hope. 'Peer Supporter Program' was designed for client to conduct which included two main parts: 1. To provide partial orientation to newly admitted patient (admitted within 1 week) and help them to engage ward environment and routine. 2. Being the representative among patients and help to collect opinion regarding ward issue. Herth Hope Index (HHI) was used to be the outcome measurement to assess the change of score before and after the program respectively. An evaluation questionnaire was also invited client to complete after the program.

Result

12 newly admitted patients were invited by the client and all of them completed the

orientation of the program. From the feedback, mostly the comments were positive and the scores provided to the client were all higher than 80 (full mark: 100). Post score of HHI was increased which indicated the level of hope perceived by the client was increased. It showed that the program is effective in inducing client's recovery hope. As the program is designed based on recovery oriented practice, thus, it can be concluded that recovery oriented practice is an effective approach on patient with schizophrenia.