

Service Priorities and Programmes Electronic Presentations

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Fall Prevention in Acute Geriatric Ward by increasing staff knowledge and awareness.

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Introduction

Geriatric patient falls are one of the most common adverse event in hospital. Falls are a serious healthcare issue and cause injury and even death. Staff's knowledge and awareness of fall prevention-assessment, intervention and workflow is the key to success. Also, above 1/3 of nursng staff and nursing students are new comers in my ward. A tailor made practical guide for fall prevention is therefore prepared to empower our staff to uphold quality care, maintain consistency and use as a training guide for mentoring.

Objectives

(1) To reduce patient fall rate; (2) Increase staff awareness to uphold quality care and maintain consistency on fall prevention in a short time and easy way; (3) To reduce stress of staff in preventing patient fall.

Methodology

A tailor made practical guide for fall prevention that using photos approach was prepared and started to use in 2013 July. Fall rate was compared to the previous data. Questionnaires were given to staff. Outcome measures were categorized as (1) fall rate; (2) questionnaire result.

Result

In 2013, fall rate in my ward is 0.6 per 1000 inpatient occupied bed days. In 2014 and 2015, reduced to 0.29 and 0.26 respectively since the program started. 109 questionnaires were collected from staff, 82 % of staff agreed that awareness of fall prevention is increased. Staff familiar the fall prevention tips in short time.