



## Service Priorities and Programmes

### Electronic Presentations

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**Nourishment of Evidence-Based Nursing (EBN) Culture in Surgical Stream  
Departments:- To develop Practice Guidelines on Nursing Assessment of Post  
Sedation Patients with additional Discharge Criteria S**

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Nursing professional development

**Introduction**

Among our nursing practice, there is no standard practice guideline for post sedation nursing assessment for patients with ambulatory endoscopy procedure and our minor surgery. Our surgical EBN workgroup felt interest to work on this clinical loophole.

**Objectives**

1)To empower nursing staffs in assessing post sedation patients with objective data support (PADSS) 2)To increase timely and safe transfer of Combined Endoscopy Unit (CEU) patients to ward for continue post sedation nursing care in ward 3)To increase CEU recovery room efficiency 4)To avoid prolonged stay of patient in CEU recovery

**Methodology**

1)An EBN workgroup was being formed through surgical departments, link persons were identified and meetings were held every two to three months. 2)An evidence search for best practice of Nursing Assessment for Post Sedation Patient with PADSS was being done. 3)A project workflow was being structured. 4)A survey form was designed to evaluate the surgical staffs' attitude and competency of the existing practice. 5)A practice guideline assessment form was being drafted with the help of expertise (managers/ guideline endorser). 6)A trial run was being proposed and conducted within surgical departments.

**Result**

A pilot trial run was firstly conducted by CEU. The pre and post questionnaires were being distributed and collected before and after the implementation. All CEU staffs

were being briefed through tutorial and coaching method on the use of the form by CEU link person. All staff highly agreed on this project and the post sedation patients in CEU were timely and safely transfer to ward for further post sedation nursing care before home readiness. Trial run will be continuously conducted by another surgical department; and the continuous modifications of the practice guideline on the Nursing Assessment for Post Sedation Patient with PADSS will be expected.