

致各位院友/親屬/照顧者：

容易哽塞院友須注意之事項：

1. 進食時，請留意其吞嚥情況，以免產生哽塞意外。
2. 用胃喉進食院友，只可進食流質食物
3. 避免進食容易引致哽塞食物，例如：

湯圓



果凍



糉子



酥餅/麵包



有骨食物



鳴謝：新界西醫院聯網 病人啟力基金

To all cases /relatives/caregivers:

Precautions for cases with choking prone:

1. Please alert for the swallowing condition when taking meal as to prevent choking accident.
2. Fluid diet is recommended for cases with Ryle's tube feeding.
3. Avoid food with choking risk such as:

Dumplings



Jelly



Rice Dumplings



**Bread/Crispy cake/
Biscuit**



Bony food



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