

## What are the possible side effects?

Nasal drops may leave an unpleasant taste in your mouth. If this happens, rinse your mouth with some water.

If you notice any allergic reactions like skin itchiness, face or hand swelling, breathing difficulty, etc., consult your doctor immediately.

## What if I miss a dose?

Use the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose.

Do not double the dose.

## How to store?

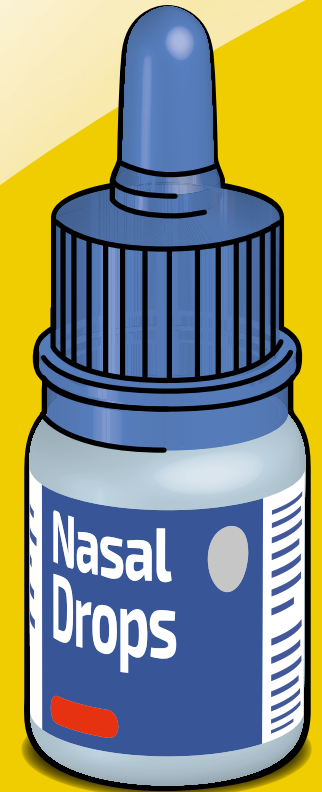
1. Keep out of reach of children.
2. Store in a cool, dry place and away from direct heat and light.



*For any queries, please seek advice from your doctor, pharmacist or other healthcare professionals.*

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# Nasal Drops



藥劑職系及服務統籌委員會  
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## What are Nasal Drops?

Nasal drops are solution or suspension of medication. They are instilled into the nostrils, usually to produce a local effect directly inside the nose.



## Indication

Nasal drops can be used for the relief of nasal congestion and other nasal symptoms due to common colds and flu, chronic rhinitis and allergic rhinitis.

## How to use?

1. Gently blow nose so that nostrils are clear before using the nasal drops.



2. Wash hands with soap and water.
3. Take the cap off the bottle.

4. Sit on a chair and tilt the head backwards, or lie on a bed and put a pillow under the upper back so that the head tilts backwards.



5. Carefully point the tip towards the nostril and instill the prescribed number of drops into the nostril. Avoid touching the tip to the nostril wall to keep it clean.
6. Keep the head tilted backwards for about 2 minutes to allow the drops to drain into the back of the nose.
7. Repeat step 5 to 6 for the other nostril if advised to do so by doctor or pharmacist.
8. Do not wash the tip. Replace the cap of the bottle after use.
9. Wash hands after using the nasal drops.



***Try to avoid sneezing or blowing your nose immediately after using the nasal drops.***

***Ask your family members or someone to instill the nasal drops for you if necessary.***

## Precautions

1. For nasal use only.
2. Use the medication as directed by your doctor. Do not use the nasal drops for longer than prescribed.
3. If you have history of drug allergy, consult your doctor or pharmacist before using the medication.
4. Discard all medications that have expired or are no longer required.
5. Do not share the medication with other people.
6. Tell your doctor and pharmacist if you are pregnant, planning to become pregnant, or breastfeeding.
7. Please consult your doctor if symptoms persist or worsen after using the medication.