Introduction
Pressure ulcers (PU) are well-known preventable problem. Prevention of PU formation will improve the quality of care and decrease the cost of hospitalization because patients with PU have a statistically longer length of stay.

Objectives
(1) To establish preventive strategy for PU formation  (2) To maintain skin integrity during hospitalization

Methodology
(1) All urinary or bowel incontinence patients with or without applied napkin are recruited in this program. (2) Cleanse buttock at time of soiling or non-soiling during turning round or changing napkin. (3) Apply Vaseline which is cheap, non-irritant and easily available as a topical barrier to protect the intact skin when incontinence cannot be controlled.

Result
From 2014 there was only one PU developed in F1 medical ward. Using a basic topical barrier is effective with lower cost in preventing PU development especially in patient becomes older and more fragile skin condition.