Enhanced Measures for Pressure Ulcer Prevention
Yeung PMD(1), Lao WC(1), Chan YP(1), Sy CT(1), Yeung WFV(1), Yeung PH(1), Cheung WL(1), Cho HY(1), Lo BY(1).
(1) Department of Medicine, Pamela Youde Nethersole Eastern Hospital

Keywords:
Pressure ulcer prevention
Enhanced mesures

Introduction
Pressure ulcer is a significant problem in the health care services. The development of pressure ulcer can lead to patient suffering, prolonged hospitalization and higher cost for the health care system. Pressure ulcer prevention is a quality indicator in nursing practice. Updated knowledge on pressure ulcer is an essential component in our daily operation. Poster presentation serves as direct and easy access channel to promulgate pressure ulcer prevention to frontline staffs.

Objectives
- To enhance staff’s knowledge and skills on preventing pressure ulcer.
- To reduce the hospital acquired pressure ulcer rate in the department.

Methodology
Based on the recommendation from audits, posters were designed by pressure ulcer prevention group members periodically. Important aspects of pressure ulcer preventive measures were promoted with direct, easy to understand and eye catching designs. Six posters have been produced up to now.

Result
The departmental hospital acquired pressure ulcer rate dropped from 0.49 per 1000 bed days in 2013/14 to 0.25 per 1000 bed days in 2014/15. Direct ‘poster’ communication method is proved to be an effective way to communicate new information and practice to frontline staff. It can promote staff’s positive attitude towards pressure ulcer prevention.