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Enhancement Program For Patient With Tracheostomy : An Integrated Approach
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Introduction
Tracheotomy is nowadays more common in patients with prolonged intubation and Nasal Pharyngeal Carcinoma. And the care of tracheotomy is always been seen as a difficult task, which may pose psychological stress on for the patients and their caregiver. In order to equip those tracheostomized patient who is physically fit for discharge home, an integrated enhancement program had been launched.

Objectives
To empower the patients and their carer knowledge and skill in caring tracheotomy
To reduce the length of stay in hospital
To reduce the re-admission rate due to knowledge deficit in caring tracheotomy
To improve the quality of life among tracheostomized patient

Methodology
To have multi-disciplined approach including Allied Health, Medical and Nursing staffs, to conduct assessment and implement training to patients and their care givers. On going evaluation would be carried out throughout hospitalization. After discharge, ward 24 hours hotline provided for enquiry, also CNS service for tracheotomy care referred as continuing outreach support.

Result
Both patients and their care givers able to return demonstration with satisfactory result, and phone enquiries received after patient discharge home, mainly related to Non-oral feeding. High level of competency in the daily care were reported. Also, patient have gradually resumed better ADL and improved quality of life than pre-admission