Enhancement on Primary Nursing Assessment Form

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Introduction
Primary Nursing Assessment Form with reference to nursing theories of Sister Callista Roy's Adaptation Model and Dorothea Elizabeth Orem's Self-care Deficit Theory had been adopted for years to provide a comprehensive health assessment to adult in-patients.

Objectives
Intended improvement: (i) to review the effectiveness of the form (ii) to explore areas for improvement to enhance the effectiveness on assessment and facilitate the development of nursing care plans (iii) to incorporate concept and practice related to Recovery on assessment to enhance client's care

Methodology
(i) A review workgroup was formed on 27 Feb 14 and led by Evidence Based Practice in Psychiatric Nursing (EBPPN) Workgroup with members of nursing staff. (ii) A draft of revised assessment form was developed with enhancement on health assessment in aspects of physical, mental, developmental and insight (iii) Component of carer (including relatives and community partners) was incorporated to enhance active involvement of carer in the process of assessment and development of agreed care plan (iv) Apart from the problem-based assessment, Strength-based assessment was incorporated to align the movement on Recovery approach in Psychiatry (v) Small scale of feedbacks from 8 nursing staff in rank of RNP and EN were collected in Jul 14. Pilot run of the form was commenced on 18 Aug 14 after feedbacks were consolidated and several sharings were conducted to nursing staff.

Result
(i) Evaluation was conducted in Jul 15 through feedback collection from 3 focus groups (namely NOP/APNP; senior RNP; and junior RNP/ENP) (ii) Feedbacks were further discussed in EBPPN Workgroup and the form was finalized in Aug 15 (iii) The finalized form was disseminated in various meetings and 6 identical sharing
sessions to nursing staff were conducted in Aug and Sep 15  

(iv) Full adoption of the finalized form in the department was on 12 Oct 15