

Occupational Therapy Service

Assessment and training services on prevocational skills, social skills, cognitive abilities and other life skills are provided to enhance clients' self-esteem and competence in independent living. Occupational therapists will also design various adaptive aids and devices to help clients overcome various disabilities and improve their quality of life.



Intellectual Disability Activity Centre of Excellence (IDACE)

This Centre serves not only as a training venue for clients to develop their social skills, daily living skills and to maximise their learning potentials; but also provides support and facilitation for exploration in various leisure and creative activities. Various opportunities for community participation are established for interaction with public and use of community resources. This Centre also provides support to other staff members with various resources such as manpower, training materials etc.



Dynamic World

This is an interactive, entertaining and exciting place for our clients to spend their energy through exciting games, flashing lighting and beating music. They will learn to share their joy, failure and success through the hand-on experience.



White World

The White World is specially equipped to facilitate clients' free exploration and choice. Our clients can experience a sense of relaxation and self-autonomy through the interaction with various sensory stimulation equipments.



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Psychiatric Service for Intellectual Disability



3rd Edition



The Psychiatric Service for Intellectual Disability (PSID)

was established in July, 1997 to provide comprehensive and quality subspecialty psychiatric services for people with intellectual disabilities in the New Territories West Cluster.



Our Service Aim

Our services adopt the principle of social inclusion and system perspectives in an ecological and holistic approach to render family-centred as well as individualised services in enhancement of quality of life for people with intellectual disabilities and their families by treating illnesses, managing disabilities, reducing handicaps and facilitating growth and promoting community reintegration.



Our Service Targets

1. People aged from 18 to 65 with dual diagnoses of mild to profound grade intellectual disabilities and other significant behavioural and emotional problems, or psychiatric illnesses
2. Families with members with intellectual disabilities

Our Scope of Services

Multidisciplinary Management Team

Our team members include psychiatrists, clinical psychologists, psychiatric nurses, occupational therapists and medical social workers. The team is responsible for the planning and implementation of the treatment and care plan. We emphasise continuous professional development and quality improvement to keep our service standard in excellence.



In-patient & Out-patient Services

There are four wards for intensive treatment and rehabilitation in a home-like therapeutic setting. Out-patient services are also provided for community treatment and follow-up services.



Rehabilitation Services

We provide comprehensive individual assessment to design care plan for our clients with reference to their potentials and needs:

- Comprehensive need, functioning and intellectual assessment
- Assessment and intervention on any challenging behaviour
- Individual and community living skills assessment and training
- Work assessment and training
- Home-based assessment and training
- Social skills assessment and training
- Tailor-made rehab-aids



Support and Outreach team for Intellectual Disability

The medical, nursing and allied health staff provide regular outreaching services to support clients living in the community of different settings such as home, subvented or private hostels.

